

DEEP MEDITATION

Open Your Brain to Sheer Magic

Theta Brainwave Frequencies and Music

With this program you can quickly reach depths of meditation that would otherwise take years of practice to attain. Within minutes you are lifted from physical tension and mental anxiety. Cleansing showers of vivid imagery sparkle before your mind's eye as you experience untold depths of inner peace. You feel exalted as your soul soars to the high ethers of universal knowledge.

Precision-engineered window frequencies are harmonically layered within music that blends chant and ancient instruments with melodies based on Eastern Tantric traditions, designed to open the flow of energy to your chakras. You'll find yourself carried on smooth, silky waves of sound into primal worlds within your own psyche. As your brain is awakened, the energy centers in your body are balanced and energized. The results are profound.

Clinically Proven Method

This program balances right and left hemispheres of the brain to produce the remarkable mental state known as Hemispheric Synchronization. A special feature of Brain Sync technology is the use of scientifically researched frequencies called Window Frequencies, which fit through narrow biological windows to impact the body at a cellular level. Listeners say they can actually feel their meditation on a physical level, in rushes of positive energy and a flow of deep heartfelt emotions. Cumulative benefits of meditation include: Improved ability to concentrate, increased creativity, greater clarity of thought, enhanced access to emotions and heightened states of well being.

Instructions for Listening

Listen at a time when you will not be disturbed. Sit or lie comfortably with your spine straight. This allows your natural channels of energy to open and flow freely. Close your eyes and breathe slowly and deeply. For maximum long term benefits, listen daily for a period of six to eight weeks – or after as needed.

**To experience the brain optimizing effects of this program,
listen with headphones.**

BRAIN  SYNC

To receive a catalog or for more information call

800-444-SYNC

or visit our web site for secured credit card processing:

www.brainsync.com