



The Ultimate Corporate Event Company

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**Gold Medal Olympic Rower | Journalist, CBC Sports**

<http://www.kmprod.com/speakers/adam-kreek>

## Bio

**Speaker Adam Kreek** is an expert in high performance. An Olympic gold-medal winning rower who was named Athlete Leader of the Year in 2010, Adam seeks to help organizations build stronger teams, create and manage success while overcoming failure, and develop the necessary capacity to effectively deal with change. His warm and energetic presentations combine impactful stories drawn from his 13 years as an elite athlete with opportunities for authentic audience participation. The result is memorable learning and a renewed passion for personal growth and team betterment. [morelink]

## Topics

### Keynote and Workshop Theme Areas

The Kreek Speak team works closely with organizations to tailor solutions in key areas:

- Change Management
- Team Building & Development

- Leadership
- Sales & Service
- Motivational/Inspirational
- Health & Wellness

The following are sample keynote presentations.

**How to Empower Drive, Engagement and Growth**  
**Why Our Fear of Failure Fails Us** [morelink]

**Inches: Creating and Sustaining Peak Performance**  
**It's not Sexy and it's True: Slow and Steady Separates the Best from the Rest.** [morelink]

**Manage Change and Overcome Obstacles**  
**A Healthy Dose of Inspiration, Entertainment, and Education.**  
[morelink]

**Strong Teams, Shared Leadership**  
**Strengthen team culture, improve communication and energize staff.**  
[morelink]

**Fortify Your Safety Culture for Success** [morelink]

**ADDITIONAL OFFERING: Conference Fitness Program with Adam**  
[morelink]

**Adam Kreek** is represented by K&M Productions. For more information on Adam Kreek's speaking schedule, [fees](#) & [booking Adam Kreek, contact us](#).