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Distraction Expert

<https://www.kmprod.com/speakers/curt-steinhorst>

Bio

Human attention is the most limited, valuable, and misunderstood resource in the modern marketplace. Curt Steinhorst helps leaders and teams take control of their attention and focus on what matters most for their success by applying the science behind how the brain works to the reality of our hyper-connected, hybrid world.

As a child, Steinhorst moved at a pace the world is only now catching up to — always a mile a minute, with his head in the clouds, dreaming of a future while ignoring that day's homework. Diagnosed with ADHD, he found that his rapid processing and boundless curiosity were not just quirks, but assets that would propel his dynamic career.

Today, Steinhorst is the founder and CEO of the consultancy, Focuswise, where he helps organizations develop focused and productive leaders, teams, individuals, and cultures. He is also a senior executive at Venus Aerospace, where he drives strategic initiatives that not only advance hypersonic travel but also help leaders adapt to and shape a rapidly accelerating world. Growing up, we imagined flying cars and cities on Mars, but instead, we got smartphones and mass ADHD. Steinhorst is now at the forefront of tackling both these challenges.

A highly respected keynote speaker, Steinhorst's work, which is deeply rooted in his personal experiences, has placed him on stages in front of global leaders and as an advisor to visionaries from Wall Street to Silicon Valley. He has delivered over 500 keynotes for organizations including AT&T, Deloitte, JPMorgan Chase, and the US Naval Academy. Steinhorst is also the

author of *Can I Have Your Attention?*, which explore how to manage attention in the high-speed digital era, and is a regular contributor to Forbes on leadership and the future of work.

Known for his humility, authenticity, and humour, Steinhorst's approach is fueled by intellectual curiosity and empathy. Through speaking, writing, executive leadership, and advisory roles, he guides leaders through the complexities of today's world to shape the future and build organizations that thrive at speed.

Topics

Virtual / Live Keynotes:

As the founder and CEO of Focuswise, Curt Steinhorst has worked with top companies like Deloitte, JPMorgan Chase, Nike, AT&T, and many more. He's also a regular *Forbes* contributor and author of the bestselling book, *Can I Have Your Attention?* Additionally, as the Head of People & Culture at Venus Aerospace, he's actively building a future-facing workplace based on his time-tested techniques of focus, accountability, and productivity.

Shaping the Future of Work

Transforming Who, Where, How, What, and Why We Work [\[morelink\]](#)

Growing Your Company Without Shrinking Its Culture

As you grow, how do you preserve what makes your organization special? [\[morelink\]](#)

Signal in the Noise

Communicating to Drive Trust, Alignment, Accountability, and Results [\[morelink\]](#)

Intentional Leadership in a Rapidly Changing Workplace

How to Drive Trust, Collaboration, and Results through Uncertainty [\[morelink\]](#)

Healthy Hustle

Doing Your Best Without Burning Out [\[morelink\]](#)

The New Team Rules

Connecting, Collaborating, and Producing Results in the Age of Zoom [\[morelink\]](#)

Selling in Today's Noisy World

How to Capture and Keep Attention in the Age of Distraction (for sales professionals) [\[morelink\]](#)

To inquire about Curt Steinhort's date availability & **booking speaker Curt Steinhorst, contact us.**