



The Ultimate Corporate Event Company

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## Fundamentals of Play

**Fun Corporate Team Buidling (Toronto)**

<http://www.kmprod.com/fundamentals-of-play>

### **Bio**

#### **What IS Fundamentals of Play?**

Your Team Works Hard, Why Not Play Hard?

Play benefits everyone, kids and adults alike. It brings joy to our lives, relieves stress, stimulates creativity and improves productivity relationships.

**Toronto-based Fundamentals of Play** comes to your location (within the GTA) and hosts team building PLAYshops that maximize teams' potential through the power of PLAY.

We facilitate PLAYshops..... which are fun and engaging workshops that focus on the keys to a successful team: positivity, teamwork and creativity. We use mindfulness, along with play, positive psychology and art to drive high-impact team building!

If you're ready to reignite your team, supercharge their learning and have them laughing and bonding in unbelievable ways.....that's what we do BEST!

### **Why Fundamentals of Play?**

#### **Renewal**

Playful fun that creates an atmosphere of discovery, creativity and innovation. Allows teams to relax, let loose and drop the 'work front'.

### **Flourish**

We use PLAY to grow individually and together. Discover proven concepts that can be immediately applied to work/life to boost happiness, innovation and productivity.

### **Breakthroughs**

Countless 'AH-HA' moments await! Through PLAY, we make reflection, self-awareness and leaving your comfort zone FUN!

### **Connection**

Initiate meaningful and authentic discussions amongst co-workers, creating instant bonds

**Fundamentals of Play** team building workshops are available for teams of 8 up to 200 participants.

## **Topics**

### **Team Building Workshops** (Playshops)

With over 300+ fun and interactive games that we mix and match depending on the chosen PLAYshop and the audience, the commonality is that they are all interactive games (with no props) and are based on the foundations of Improv. They all focus on different aspects of **creativity, positivity** and **teamwork**. All are loads of fun, low pressure and ... no 'acting' experience required.

Here are just 2 examples:

- '**Clapperama**': teams pass around different clap focuses (single clap, double clap, simultaneous claps) as well as other 'invisible' objects like a red ball, green ball, etc. Learnings focus on (non verbal) communication, teamwork and focus.
- '**Dubbed Movie**': in teams of 4, teams co-create a short scenario where two people create the 'dialogue' and the other two create the actions simultaneously. Also looks at teamwork, creativity and much more!

### **Do You Want A Team That...**

- Follows their instincts and brings more innovation into the workplace;

- Not just thinks outside the box, but SMASHES it;
- Reacts positively and embraces change, challenges and new ideas;
- Improves active listening and communicates with clarity and consistency;
- Improve everyday teamwork and problem solving;
- Is even more KICKASS!

## Fun, Creativity and Team Building

PLAYshops are fun and engaging workshops that focus on the main factors that allow teams to thrive: positivity, teamwork and creativity. We use play to connect employees to concepts of mental health and workplace happiness.

### Why Play?

- Play is essential to creativity, innovation, health, and ultimately **HAPPINESS**
- Play adds joy to life, relieve stress and supercharges **LEARNING**
- Play allows teams to **LET LOOSE** and drop their 'work front'
- Play connects people organically & authentically to create **GREAT TEAMS**
- Incorporating play into business makes teams more **PRODUCTIVE**

### What You'll Get:

PLAYshops can take place right in your office or at any locally scheduled event, conference, retreat, etc. All materials provided and teams of 8-200+ can be accommodated. There are

**3 components:**

#### 1. Group Games

Fun and interactive (improv-influenced) games that are designed to get teams to break down barriers and learn about themselves and the group at large. Includes a gameshow wheel for extra fun!

#### 2. Positive Psychology

The research behind what makes life worth living and aims to discover and promote the factors that allow individuals and groups to thrive.

#### 3. 'Art-ivities'

Wacky and fun art based activities to bring it all together. Dont worry? no artistic abilities

necessary!

In the same amount of time your team has a few meetings and a coffee break, you'll be blown away by how much the team has grown into a more cohesive and engaged unit!

Fundamentals of Play is represented by K&M Productions. For more information, pricing & [booking the Toronto team building workshop Fundamentals of Play contact us](#).

**Keywords:** Positivity, Growth/Resiliency, Innovation, Creativity, Problem Solving, Failing (Joyfully), Teamwork/Empathy, Motivation/Flow, Storytelling for Sales, Communication, Improv, Sales, Stress Management, Problem Solving, Goal Setting, Networking, Productivity,