



The Ultimate Corporate Event Company

905.831.0404

events@kmprod.com

<https://www.kmprod.com>



Speaker, Motivational Humorist, Resiliency Expert

<https://www.kmprod.com/speakers/meg-soper>

Bio

Meg Soper travels North America sharing powerful insights and strategies on how to be more effective in our personal and professional lives. Combining her experience as a registered nurse with her skill in stand-up comedy, she offers a unique blend of humour and inspirational ideas to connect with her audience, break barriers, and help people shift their perspective to better deal with day-to-day challenges.

A highly sought-after speaker and humourist, Soper has shared the stage with many celebrities, including Ray Romano and Ellen Degeneres. For each of her events, she invests the time to understand her audience and the challenges they face. She has touched the lives of thousands by combining her remarkable sense of humour with a curiosity about people.

Soper's diverse content has been shaped by her career as a staff nurse and as an operating room nurse in regional and major urban teaching hospitals. As a health care professional for 30 years, Soper recognizes the vital role that humour can play in creating a healthier workplace environment, in helping us deal better with stress, and in communicating more effectively.

Soper is the co-author of, *From the Stage to the Page... Life Lessons from Four Funny Ladies*. She has appeared on the *CBC*, *CTV*, *the Women's Television Network*, and on *Prime TV*.

Topics

Meg will customize the material to the specific theme and objectives of your event.

Live or Virtual:

The Secret Sauce: Thriving in Times of Change [\[morelink\]](#)

Better Together: Personality Styles in the Workplace [\[morelink\]](#)

Laughter Makes Us Stronger [\[morelink\]](#)

Work-Life Balance? You've Got to Be Kidding! [\[morelink\]](#)

Wait What? A Positive Workplace Culture? Let's Do This! [\[morelink\]](#)

ALL programs are available in a variety of formats. These include keynote presentations, half-day or full day seminars or workshops.

Master of Ceremonies

Set the tone of any event with positive energy and an interactive spirit! [\[morelink\]](#)

Opening Kick Off and Bring It Home Closing

Meg's unique ability to connect with people makes her the ideal speaker to open AND close a conference. [\[morelink\]](#)

Customized Presentations [\[morelink\]](#)

Side Effects You Will Experience When You Book Meg Soper:

- Inspired insights leading to prolonged laughter;
- Audience participation and interaction;
- Shift in perspective and possible shortness of breath;
- Increased demand for your organization's next event.

Meg Soper is represented by K&M Productions. To inquire about Meg Soper's speaking schedule & [booking Meg Soper, contact us.](#)