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Speaker, Host of *The Amazing Race Canada*; Olympic Champion

<https://www.kmprod.com/speakers/speaker-jon-montgomery>

Bio

Jon Montgomery - Olympic Gold Medalist & Inspirational Speaker

Proud Canuck and 5 time Canadian Champion, Jon Montgomery empowers audiences to be proud of where we come from, and how to imbibe ourselves with the power of Believing Our Dreams are Possible. Building the confidence, we so desperately require, to accomplish that which we seek – you CAN do this!!

Jon Montgomery is an **Olympic Champion** and the award winning television host of the acclaimed series **The Amazing Race Canada**. For over a decade he has been gracing stages around the world entertaining and inspiring audiences with his story-telling, humour and delivering messaging on building confidence and developing self-efficacy – the unwavering belief that we can accomplish that which we seek.

Montgomery captured the hearts of Canadians – and the attention of everyone – during the 2010 Vancouver Winter Games. After years of hard work, training and perseverance, Montgomery won a gold medal in skeleton, securing his place in history as one of the best. His celebratory walk through Whistler showcased his passion, spirit, and sense of humour—traits that he brings to every platform, whether in front of a live audience or acting as the host of The

Amazing Race Canada.

A casual trip to Canada Olympic Park left an indelible mark on Montgomery when he witnessed a skeleton race and immediately fell in love with the sport. In his rookie season, he kicked off his World Cup campaign with a bronze medal, going on to finish in the top ten three more times. He finished sixth overall. His sophomore season saw him earn five podium finishes, including his first World Cup victory and a silver medal at the World Championships. Montgomery placed second overall and from there went on to win his Olympic gold medal at the 2010 Vancouver Olympics.

Montgomery embraces any opportunity to engage with live and virtual audiences, whether as a keynote or host. He shares his journey from the flatlands of the prairies to the top of the Olympic podium, reminding audiences why the goals we set for ourselves are only as achievable as we believe they are.

Topics

Jon Montgomery Keynote Speaker Presentations:

Belief - It's in You to Build [\[morelink\]](#)

Jon's Olympic Journey [\[morelink\]](#)

Self-efficacy [\[morelink\]](#)

Teamwork [\[morelink\]](#)

Innovation & Realism [\[morelink\]](#)

Jon Montgomery is represented by K&M Productions. To inquire about Jon Montgomery's speaking schedule & [booking Jon Montgomery, contact us](#).