



The Ultimate Corporate Event Company

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**NHL Stanley Cup Champion | Mental Health Advocate;  
Relational Trauma Expert**

<http://www.kmprod.com/speakers/speaker-theo-fleury>

## Bio

Theo Fleury is perhaps best known for his time on the ice. But off the rink, his life once carried the markings of a troubled childhood, abuse and coping with emotional pain through addictive and self-destructive behaviours. Today, Theo defines himself as a victor over trauma and addiction, and a facilitator to those still trying to find their way. His best-selling books, *Playing with Fire* and *Conversations with a Rattlesnake*, encourage open sharing and provide practical tools that people seeking help can personally use. These tools are also useful to those who want to lead a productive conversation, called “Real Conversations”, with anybody else experiencing trauma. [morelink]

## Topics

### VIRTUAL:

#### **The Power of Me Too** (Theo's Story)

The audience will hear about the early years when Theo first discovered the game of hockey and fell in love with the sport the first moment he stepped on the ice. He will talk about the issues he

faced as a survivor of abuse and yet succeeding at an elite NHL career and earning an Olympic Gold Medal. And finally, how he overcame his painful past, alcoholism and drug addiction to become an inspirational Victor over life's obstacles. The guests will hear an inspiring message, they will walk away knowing that change is possible and quitting isn't an option. Each time Theo shares his message he gives it his all for one single purpose to help.

*Theo will share this inspiring 60-minute presentation followed by 30-minutes of Q&A time.*

## LIVE:

### **The Power of Me Too** (Theo's Story)

From the greatest heights to the lowest depths, both professionally and personally, Theo shares a message about winning it all, losing it all, and reinventing himself all over again. "Me Too" is an uplifting talk about hope. It is a reminder that we are never alone in our struggles because we have all faced adversity in our lives. This presentation will help audiences enhance overall health & wellness. [\[morelink\]](#)

### **Platform Plus**

Workshop | Leadership & Teamwork

The world is always changing. Theo embraces continual self-reinvention and teaches workshop participants that impactful leadership requires the willingness to welcome change into our everyday environments. Helping other people in need is also a powerful leadership skill that many group settings can benefit from. By introducing the concept of "real conversations" to participants, Theo imparts the tools needed to first recognize signs of trauma in others and to then conduct productive conversations with survivors that can help them along their path toward healing. *This package is available in full or half-day formats and is recommended for leadership summits, workplace training sessions, team-building retreats, educational institutions and rehabilitation centres.*

For more info, \* [speaking fees](#), & [booking Theo Fleury, contact us](#). Very serious booking-related inquiries only. \* *Fee range shown is for live, in-person events in Canada.*