

VIRTUAL TEAM BUILDING AND TRAINING PROGRAMS



HIGH Performance TEAMWORK

This 2-hour virtual team development workshop will keep your team engaged through an interactive presentation and discussion-based session. Participants will learn about Summit's High-Performance Team model, create a virtual team vision, analyze their current stage of development, and create personal and team goals.

MBTI®

Understanding your personal style and the style of others is critical in driving effective team interactions and is even more important in a virtual setting. Through this session participants will understand their personal style (through a pre-session assessment) and how this can be used to interact, communicate and collaborate more effectively with others.

Intelligence^{EMOTIONAL}

Emotional Intelligence (EI) is a key determining factor in personal and professional success. During times of change, crisis, pressure and stress this is even more apparent. During this workshop participants will understand what EI is, how it impacts their personal effectiveness, and how it impacts the way they interact and collaborate with others.

BECOMING A Virtual Team

In this workshop, we explore how to be a virtual team. We will examine best practices and create a working platform for how your team will work together virtually. We will create a virtual team vision, identify values and priorities, and discuss how teams and individuals will communicate, make decisions, collaborate, deal with conflict and more.

STRENGTH Deployment INVENTORY

This workshop goes beyond understanding behaviours, and explores the motivations and values that drive teams and individuals. Take advantage of this virtual program to help your team gain a deeper understanding of themselves, which can set them up for high performance and successful collaboration, even in a virtual and remote setting!

THE Juggling ACT

In this intricately-designed virtual session, we will coach your team towards mastering the art of juggling! The process involved in overcoming this challenge can be applied to tackling any team challenge. In addition to providing a fun energy-booster for your virtual meeting, this program can also produce numerous learning moments for your team.

CONQUERING Everest

This program is based on Scott Kress' real life ascent of Mount Everest, and in it, your team will follow along and make crucial decisions along the way. The story is inspiring and engaging, and the team learning is directly applicable to helping teams communicate, collaborate and make decisions on a virtual and live environment.

DESERT Survival

This fun and engaging virtual simulation places your team in a challenging survival situation. Each individual must determine what they would do, and then work with a small group to come to a consensus. Their answers are then compared to those of a survival expert. This fascinating program emphasizes communication and decision making!

PLAY IT Forward

Summit's unique version of a virtual scavenger hunt includes a great philanthropic give back element. Broken into teams, you will need to solve a series of clues to find virtual locations and answers. Your success as a team will translate into dollars loaned to an entrepreneur from an underprivileged region of the world through our partnership with Kiva.

LEARNING IN Thin Air KEYNOTE

Scott Kress is a masterful storyteller, a leadership trainer, an Executive MBA Professor and a life-long mountaineer. He is the 51st Canadian to summit Mount Everest and the 15th Canadian to climb the 7 Summits. In this engaging keynote, Scott will share the insights he has gained having led high altitude expeditions for over 25 years.

ACHIEVE THE Outrageous KEYNOTE

As Scott Kress was trekking 1000km across Antarctica to the South Pole, he was thinking "this is pretty outrageous". In this engaging and insightful presentation, you will learn all about trekking to the South Pole, but more importantly the 7 lessons that Scott used to achieve this outrageous feat.

KEYNOTE Workshop

Take either one of Scott's two keynotes and turn it into an interactive workshop with breakout group discussions, deeper learning discussions and the development of personal action plans. An excellent way to further the applicability of Scott's impactful keynotes for your own team!



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